The Posing Guide

POSING ADVICE

- Make sure you are posing your client from head to toe. Check every single thing before you take that photo. This is not only going to make your photography better, it's also going to make your life easier in post when you are culling the photos.

- Curves are sexy. Arch the back with shoulders back, and pop the hips to create an S curve.

- Give her something to do with her hands. Dainty, relaxed hands make for the best photos. Either shake her hands out and set them down gently where you want them or have her shake it out and reset. A slight curve to the fingers and a bit of a curve to the wrist works wonders!

The Posing Guide

Pose #1

- Standing against blank wall
- Leg farthest away from light bent
- Cross knee over other leg
- Pop hip towards light
- Upper body away from light
- Face towards light

Pose #2

- Similar to #1
- Have her bring her booty off the wall
- Arch the back to accentuate her curves
- Best photographed from shadow side of the body

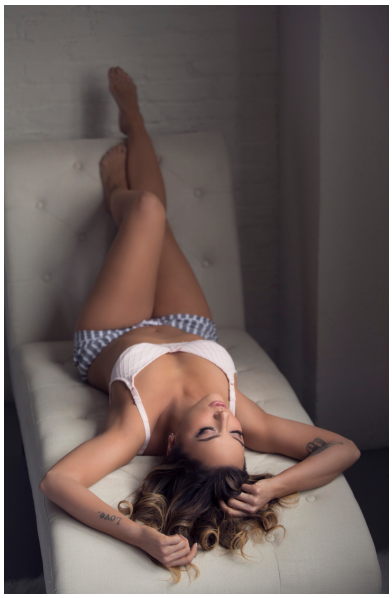
Pose #3

- On knees slightly turned away from light
- Sit down on knees
- Lean slightly forward
- Arch the back
- Face towards light
- Hands are dependent on client

The Posing Guide

Pose #4

- Up on knees
- Body slightly away from light
- Feet towards light
- Pop hip towards light
- Push booty back
- Lean slightly forward
- Face towards light



Pose #5

- Curved chaise lounges work best
- Legs up with leg closest to camera bent
- Arch the back
- Face towards the light
- Hands playing with hair

Pose #6

- Similar to #1 but off the wall
- Knee closest to you crossed over other knee
- Pop hip towards light
- Body slightly away from light
- Face towards light

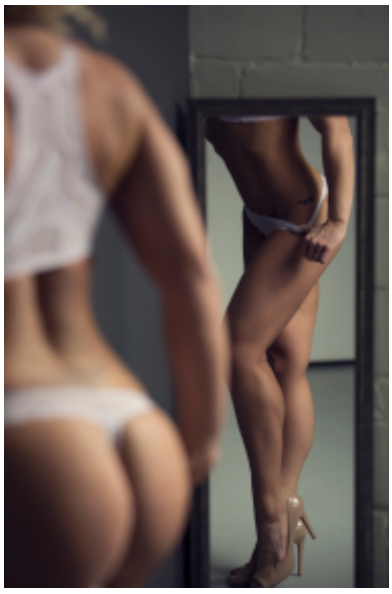
The Posing Guide

Pose #7

- Knee closest to camera bent
- Upper body away from light for depth
- Face towards light
- Point the toes

Pose #8

- Between 3-6 feet between client and mirror
- Body: Shoulder to the just under curve of booty
- Reflection: Curve of hip to toes
- Watch to be sure nothing is cut off
- Body slightly away from light to create shadows
- Knee closest to mirror is bent
- Take both booty in focus and legs



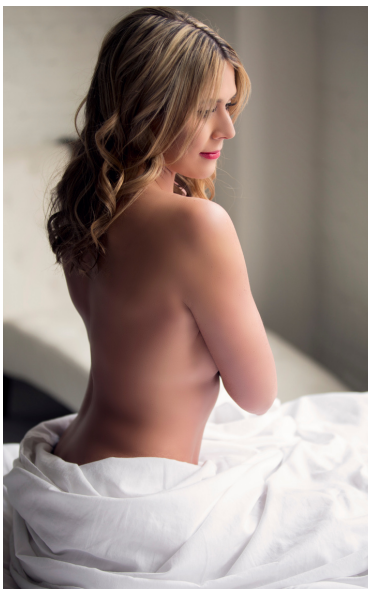
Pose =9

- Laying on side on bed facing camera
- Perpendicular to light
- Top toe on calf, knee on bed
- Face towards light

The Posing Guide

Pose #10

- On knees towards, but slightly at an angle to light
- Wrap sheet around waist
- Create side boob by pushing it towards side
- Cover chest with arm closest to you
- Arch back
- Face towards light



Pose #11

- Up on knees
- Parallel to light
- Sticking booty out
- Arching back
- Holding sheet with hands
- Under booty
- Face towards light

Pose =12

- Best seller
- Parallel to light on back
- Leg closest to camera bent
- Other leg straight
- Arch back
- Chin up slightly for neck

The Posing Guide

Pose #13

- Perpendicular, but at an angle to light
- Cross ankles
- Lay legs flat
- Arms crossed in front of her
- Look backwards towards booty, which means she will be looking towards light

Pose #14

- Sitting on a piece of furniture
- Body slightly away from light
- Leg closest to camera bent
- Face towards light

Pose #15

- Body slightly away from light
- Legs pushed to the side
- Knee closest to camera bent more
- Back arched
- Face towards light

Conclusion

Congratulations! You made it to the end!

Now, you're set up to create a boudoir studio in your town and become the go-to photographer when a woman thinks boudoir photography! I'm so excited for you!

How are you feeling? Do you have more questions? Ready to take it to the next level?

Check out these options to decide what's next for you!

Boudoir Studio Accelerator
The TLC Course Bundle
The TLC Boudoir Photographers Mastermind
Strategy Intensive
Private Coaching